CUMBERLAND WOMEN'S RESOURCE DIRECTORY 2001

Nova Scotia Advisory Council on the Status of Women

Look for

The Cumberland Women's Resource Directory 2001

on the Internet.

Our address is:

http://www.gov.ns.ca/staw/cumberlandwomensresource.html

102-05943/

CUMBERLAND WOMEN'S RESOURCE DIRECTORY

2001

Produced by:
The Nova Scotia Advisory Council
on the Status of Women

With Special Thanks to:
Cumberland Regional Economic Development Association
Town of Amherst
Parks Recreation and Leisure Services - Town of Amherst
Nancy Fairbanks, Andrea Hardy, Jocelyn Kozakewich, Michael Sheppard & Kelly Ripley
Jude Weatherbee

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911- EMERGENCY NUMBER

for

Ambulance, Fire, Hospital, Police

Direct Emergency Lines

AUTUMN HOUSE (Transition House) 667-1200
Shelter for abused women and their children

CHILD PROTECTION, Family & Children Services
24 Hour Phone 667-3336

KIDS HELP PHONE
24 Hour Phone 1-800-668-6868

OPERATION GO-HOME
24 Hour Phone 1-800-668-4663
Re-unites street kids 17 and under with their families.

POISON CONTROL CENTER
Amherst 667-3361
Halifax 1-800-565-8161

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CHILD CARE/PRE-SCHOOLS

AMHERST

AMHERST PRE-SCHOOL
Subsidized according to income
Heartz Hall
1 Ratchford Street
Amherst, NS B4H 1X2 667-7731

BRIGHT BEGINNINGS DAY CARE
Subsidized according to income
25 Park Street
Amherst, NS B4H 2R4 667-7857

HOPSCOTCH DAY CARE & PRE-SCHOOL
70 Winston Avenue
Amherst, NS B4H 1K5 667-4014

YMCA CHILD CARE
92 Church Street
Amherst, NS B4H 4A1 667-9112

NORTHPORT

NORTHPORT PRE-SCHOOL
Northport Elementary School
RR 1,
Northport, NS B0L 1E0 661-2490

OXFORD

T.L.C. KINDERGARTEN
P.O. Box 505
Pugwash Road
Oxford, NS B0M 1P0 447-2714

PARRSBORO

PARRSBORO HEADSTART
1 School Street
Parrsboro, NS B0M 1S0 254-5600

SPRINGHILL

CUMBERLAND CAMPUS DAY CARE
Nova Scotia Community College
P.O. Box 550
Springhill, NS B0M 1X0 597-3737

SPRINGHILL CO-OP NURSERY SCHOOL
St. Andrew Wesley United Church
86 Main Street
Springhill, NS B0M 1X0 597-2420

SPRINGHILL HEAD START PRE-SCHOOL
United Baptist Church
P.O. Box 2444
Springhill, NS B0M 1X0 597-3937

RIVER HEBERT

RIVER HEBERT PRE-SCHOOL
River Hebert High School
River Hebert, NS B0L 1G0 251-2047

CHILD CARE ADVOCACY ASSOCIATION OF NS
5594 Morris Street
Halifax, NS B3J 1C2 1-902-420-1618

Service: The Child Care Association of Nova Scotia is a coalition of groups whose concern is the availability, affordability and equality of child care in Nova Scotia.

CHILD CARE CONNECTION
1200 Tower Road, Suite 100
Halifax, NS B3H 4K6 1-800-565-8199

Service: The Child Care Connection is a service and support group to the child care community. Services they offer are newsletter, three times a year; introductory computer awareness in desktop publishing, spread sheet, database and word processing. They also offer photocopy service, electric stencil cutter, gestetner and a lending library. They hold seminars on child care and an annual conference in January.

COMMUNITY DEVELOPMENT

ADVOCATE & AREA

ADVOCATE DISTRICT DEVELOPMENT ASSOCIATION
P.O. Box 38
Advocate, NS B0M 1A0 1-902-392-2646

AMHERST & AREA

AMHERST & AREA CHAMBER OF COMMERCE
35 Church Street
Amherst NS B4H 4A1 667-8186
Fax 667-2270

AMHERST AREA DEVELOPMENT COMMISSION
P.O. Box 223, 1 Ratchford Street
Amherst, NS B4H 3Z2 667-2562
Fax 667-5409

DOWNTOWN AMHERST REVITALIZATION SOCIETY
P.O. Box 546, 35 Church Street
Amherst, NS B4H 3Y6 667-3638

Service: The DARS is a downtown development

organization who provides support to the Downtown business community. It offers services to existing business owners as well as new entrepreneurs who wish to locate within the Business District of Downtown Amherst. Its activities include marketing, capital projects and data collection.

CUMBERLAND COUNTY

CUMBERLAND COUNTY DEVELOPMENT OFFICER
P.O. Box 428
Amherst, NS B4H 3Z5 667-2313

CUMBERLAND DEVELOPMENT CORPORATION (CDC)
P.O. Box 546
Amherst, NS B4H 4A1 667-5700

Service: This is a non-profit community based business development centre that assists Cumberland County residents to establish a new business or expand an existing one. They provide financial assistance, counseling assistance, technical assistance, and co-ordinate and administer the Self Employment Assistance program.

CUMBERLAND REGIONAL ECONOMIC DEVELOPMENT ASSOCIATION (CREDA)
P.O. Box 546, 35 Church Street
Amherst, NS B4H 4A1 667-3638
Fax 667-2270

Service: CREDA is an organization created to promote and develop a sustainable economic environment for Cumberland Region. The Association operates as a resource centre for business and community based organizations offering technical and professional skills to assist in the creation of sustainable development in Cumberland County.

ECONOMIC RENEWAL AGENCY
P. O. Box 458, 35 Church Street
Amherst, NS B4H 4A1 667-3223

Service: The Economic Renewal Agency's objective is to inspire and promote continued growth in the small business sector and to contribute to permanent job creation in Nova Scotia.

PUGWASH & AREA

PUGWASH AREA DEVELOPMENT ASSOCIATION
P.O. Box 443
Pugwash, NS B0L 1L0 243-3155

PUGWASH VILLAGE COMMISSION
P.O. Box 220
Pugwash NS B0K 1L0 243-2946
Fax 243-2126

RIVER HEBERT/JOGGINS & AREA

RIVER HEBERT/JOGGINS & AREA DEVELOPMENT ASSOCIATION
Joggins NS B0L 1G0 251-2033

SPRINGHILL & AREA

SPRINGHILL AREA ECONOMIC DEVELOPMENT OFFICER/COMMITTEE
P.O. Box 1000
Springhill, NS B0M 1X0 597-8216

SPRINGHILL CHAMBER OF COMMERCE
P.O. Box 1030
Springhill, NS B0M 1X0 597-2967

WALLACE & AREA

WALLACE AREA DEVELOPMENT ASSOCIATION
RR 1
Malagash, NS B0K 1Y0 257-2412

PROVINCIAL

WOMEN'S WORLD FINANCE (WWF)
P.O. Box 1142, 58 Dorchester Street
Sydney NS B1P 5Z1 1-902-562-8845

Service: Women's World Finance is a non-profit organization founded in 1989 by a group of Cape Breton Women who wanted to increase business ownership by women. WWF is the first and only Canadian Affiliate of the Women's World Banking- a global organization which is dedicated to helping women participate in their local economies.

CONSUMER/PUBLIC SERVICES

BETTER BUSINESS BUREAU OF NOVA SCOTIA
1888 Brunswick Street, Suite 601
Halifax, NS B3J 3J8 1-902-422-6581
Fax 1-902-429-6457

Service: Maintains reliability reports on firms based on information provided by the firm and the firm's experience in dealing with complaints presented to the bureau. The bureau does not practice law, make collections or provide credit information.

BUSINESS & CONSUMER SERVICE (Division of Vital Statistics)
- birth, death and marriage registration
P. O. Box 157
1723 Hollis St, Provincial Bldg.
Halifax, NS B3J 2M9 1-877-848-2578

Service: The Division is responsible for the registering of vital events occurring within the jurisdiction of the Vital Statistics Act, the Solemnization of Marriage Act, and the Change of Name Act, the registration of births, marriages and deaths.

CHILD TAX BENEFIT 1-800-387-1193

COBEQUID HOUSING AUTHORITY
144 Victoria Street West
Amherst, NS B4H 4B9 667-8757
Fax 667-1680

Service: Providing low income family housing.

ENQUIRIES SERVICES/ INFORMATION SERVICE
Public Enquiries Officers
1700 Granville Street, Ground Floor
P. O. Box 1103
Halifax, NS B3J 2X1 1-800-670-4357

Service: Source of information concerning provincial government programs and services. Hours: Monday to Friday 8:30 am - 4:30 pm.

HOME CARE (SOCIAL SERVICES) 667-0870

HOUSING DIVISION, DEPT OF COMMUNITY SERVICES
144 Victoria Street
Amherst, NS B4H 4B9 667-1161
Fax 667-5679

Service: Provides funding to assist with improvements to dwellings. Not restricted to people receiving Social Assistance benefits.

HUMAN RIGHTS COMMISSION, NS
2561 Westville Road
P. O. Box 728
New Glasgow, NS B2H 2P8 1-902-752-3086

Service: Administers and enforces the Nova Scotia Human Rights Act. The act prohibits discrimination in employment; services and facilities; accommodation; purchase or sale of property; volunteer public service; membership in a professional, business or trade association, employers or employees organization; or publication, broadcast or advertisement, based on: race; color; ethnic, national or aboriginal origin; political belief, affiliation or activity; family or marital status; religion; creed; age; sex; sexual harassment; sexual orientation; physical or mental disability; source of income or irrational fear of contracting an illness or disease. In addition to investigating and complaints, the Commission fights discrimination through Affirmative Action, Race Relations and Public Education. These divisions promote equity, effective education and harmony in our community through agreements, conferences, and training.

INCOME SECURITY PROGRAMS
Information Service for Old Age Security and Canada Pension Plan 1-800-277-9914

LABOUR STANDARDS DIVISION
5151 Terminal Road
PO Box 697
Halifax, NS B3J 2T8
Phone: 1-902-424-4125
Fax: 1-902-424-3239
e-mail ..... labrstd@gov.ns.ca

Service: The function of the Labour Standards Division is to deal with inquires and complaints from the public about whether a specific employment-related problem is

affected by the Labour Standards Code of this province. Investigations of specific employment-related situations are carried out and, if the Labour Standards Code is not being adhered to, the staff of the division takes action to ensure compliance with the code.

MAGGIE'S PLACE - A Resource Centre for Families
12 La Planche Street
P.O. Box 1149
Amherst, NS B4H 4L2 667-7250

Service: Provides a parenting program Nobody's Perfect ages from 0-6. Offers a low cost nutritional cooking program Basic Shelf. Child care is free for both programs. Offers a toy lending library. Special event programs are conducted throughout the year.

MARITIME TEL AND TEL
To find a number (Information):
Numbers in NS & PEI. 1-902-555-1212
Numbers outside 902 area .. 1+Area code+555-1212
Inquiries or repair 811

NOVA SCOTIA POWER CORP 1-800-428-6230

OMBUDSMAN, NOVA SCOTIA
5670 Spring Garden Road, Suite 609
P.O. Box 2152
Halifax, NS B3J 3B7 1-800-670-1111

Service: The Ombudsman deals with many complaints. When regular government agencies do not satisfactorily resolve problems, you may ask the Ombudsman for help dealing with such problems as: Claims for social assistance benefits or Workers' Compensation, and difficulties in obtaining licenses or permits. This is a free service.

MENTAL HEALTH 667-3361

PUBLIC HEALTH 667-3319

REFERENCE CANADA
Ottawa ON 1-800-667-3355

Service: Provides information and telephone numbers for all Federal Government departments and agencies.

SINGLE PARENT CENTRE
3 Sylvia Avenue 1-902-479-3031
Halifax, NS B3R 1J7 1-902-479-0508
Fax 1-902-477-2257
Hours:
Monday, Tuesday, Thursday, Friday . 9:00 am - 4:00 pm
Wednesday ..... 1:00 pm - 8:00 pm

Service: The Single Parent Centre is a resource centre for parents and their children offering support, education, advocacy and friendship. A monthly calendar of programs is available.

SOCIAL SERVICES: FINANCIAL AID
Amherst 667-3336
Springhill 597-3887
Cumberland County 667-3336

WOMEN, THE NOVA SCOTIA ADVISORY COUNCIL ON THE STATUS OF
P.O. Box 546
Amherst, NS B4H 4A1 667-8948
Halifax Office 1-800-565-8662

Service: In carrying out its duties, the Council receives submissions and suggestions from individuals and groups regarding women's issues, undertakes research, participates in programs concerning women's issues, assists women and women's organizations in gaining access to government and other institutions by providing information and referrals where appropriate, and

publishes reports, studies and recommendations.

The fieldworker assists women or groups with needs or concerns, provides programming and acts as a resource person to assist in the promotion of the equality of women.

EDUCATION AND TRAINING

ADULT EDUCATION SECTION, Northern Region Office
NS Department of Education & Culture
14 Court Street, Suite 303
Truro, NS B2N 3H7 1-902-893-7200
Fax 1-902-893-6104

Service: The Adult Education Section Assists individuals interested in upgrading their education. Working with community-based groups, the Section establishes upgrading programs in Cumberland County. Classes are designed based on the need of the members.

ADULT HIGH SCHOOL
Corner of Havelock and Spring Streets
Amherst NS ..... 661-2482 or 597-4214

APPRENTICESHIP SECTION
Nova Scotia Department of Education
14 Court Street
Truro, NS B2N 3H7 1-902-893-6254

P.O. Box 578, 2021 Brunswick St
Halifax, NS B3J 2S9 1-800-494-5651

Service: The Apprenticeship Division facilitates the development of skilled labour through an organized system of on-the-job and institutional training for trades for which standards have been developed.

BLACK STUDENTS, EDUCATION INCENTIVE PROGRAM FOR
NS Department of Education
P. O. Box 2290 Central
Halifax, NS B3J 3C8 1-902-424-7534

Service: Provides financial incentive for black students so they will be encouraged to continue education beyond secondary school, develop leadership potential and to meet education, career and professional objectives.

CHIGNECTO-CENTRAL REGIONAL SCHOOL BOARD
Truro NS 1-800-770-0008

CHIGNECTO FAMILY OF SCHOOLS
Springhill NS 597-4202

COMMUNITY LIAISON OFFICE
Amherst Regional High School
190 Willow Street
Amherst, NS B4H 3W5 661-2497

Service: Books space at Amherst Regional High School, including the theater, classrooms, labs, gymnasium and fields. Register for Community Education Courses. Answers inquiries regarding special performances, conventions and conferences.

COMMUNITY COLLEGE- NS, CUMBERLAND CAMPUS
P. O. Box 550
Springhill NS B0M 1X0 597-3737
Fax 597-8548

Service: The Nova Scotia Community College offers training programs that respond to the needs of students, communities, business, industry and

government. Some of the services available at the campus include career assessment/counseling, academic upgrading, literacy training, customized training programs for business & industry and part time courses.

COMMUNITY EDUCATION
Amherst Regional High School
190 Willow Street
Amherst NS 661-2497

CUMBERLAND ADULT NETWORK FOR UPGRADING
141 Victoria Street
Amherst NS B4H 1X9 661-0153

Service: CAN-U is a non-profit Community based Learning network, which offers adult upgrading, GED preparation and tutoring.

FINANCIAL AID FOR FAMILY BENEFITS RECIPIENTS
Returning to school and Career Counseling for Single Parents 667-3336

GED APPLICATION FORMS - available from:
Department of Education & Culture
14 Court Street, Suite 303
Truro, NS B2N 3H7 1-902-893-5890
Payment to write GED is $20.00

INTERNATIONAL TRAINING IN COMMUNICATION
Amherst, NS 667-3166
Sackville, NB 506-536-3186

Service: I.T.C. offers a training ground for people interested in self-improvement. It provides the opportunity to learn to communicate effectively, build self-confidence and develop skills to use at work, in the community and at home. Improvement is created

through the stimulating exchange of ideas, expression of thoughts and constructive evaluation. A learn by doing approach in such areas as public speaking. Meetings are held twice a month from September to June on the second and fourth Mondays from 8:00 am to 10:00 pm.

PROFESSIONAL SECRETARIES INTERNATIONAL
P.O. Box 792, Central RPO
Halifax, NS B3J 2V2 1-902-424-3278

Service: PSI is a non-profit professional organization which unites its members for the purpose of upgrading the standards of secretarial performance by means of continuing education programs.

SCHOOLS

Advocate 1-902-392-3400
Amherst Regional High School 661-2540
Brookdale Consolidated School 661-2440
Cyrus Eaton Elementary School 243-3900
E.B. Chandler 661-2450
Northport Elementary School 661-2490
Oxford Elementary School 447-4511
Oxford High School 447-4500
Parrsboro Elementary School 1-902-254-5605
Parrsboro Regional High School 1-902-254-5600
Pugwash District High School 243-3930
R. B. Dickey School 661-2460
River Hebert Elementary School 251-3205
River Hebert High School 251-3200
Springhill Jr./Sr. High School 597-4250
St. Charles Elementary School 661-2494
Wallace Elementary School 1-902-257-6100
Warren Elementary School 667-2530
Wentworth Elementary School 1-902-548-6400
West Highland Elementary School 661-2410

STUDENT FINANCIAL AID
Canada Student Loans
Student Aid Office
P.O. Box 2290, Halifax Central
Halifax, NS B3J 3C8 1-902-424-8420
Toll free for NS & outside metro 1-800-565-8420
Internet address ..... http://studentloans.ednet.ns.ca

Service: Applications are available for Student Loan Programs including Canada and Nova Scotia Student Loans. Loans are available to post secondary students based on need.

SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING
Cumberland Family Support Centre
12 La Planche Street
Amherst NS B4H 3G8 667-7250

Service: (S.T.E.P.) is a Parent Education Program which offers a realistic approach to meeting the challenges of raising children today. It helps them to learn effective and enjoyable ways to relate to their children and helps toward realizing their goals.

EMPLOYMENT AND LABOUR

CUMBERLAND EMPLOYMENT SUPPORT CENTRE (CESC)
P. O. Box 2549
Springhill, NS B0M 1X0 597-3887

Service: This centre is available to people who are on Municipal Social Assistance or Provincial Family Benefits. The Employment Support Centre can assist you in preparing for a job or help you develop the skills needed to find one. One of their focuses is On the Job Training and subsidized wage programs.

HUMAN RESOURCE DEVELOPMENT CANADA

Human Resource Centre
Victoria Street
Amherst, NS B4H 1X4 661-6605
Job Line 661-6651
Job Line 1-800-486-7332
Unemployment Insurance Enquiries 661-6652
Unemployment Insurance Enquiries .. 1-800-206-7218
Employers-Order Records of Employment .....
..... 1-800-565-2210
Information about Special Programs for
Employers 661-6612
General Information 661-6618
Job Order Desk 661-6618
Fax 661-6637
Internet address ..... www.ns.hrdc-drhc.gc.ca

Service: HRC offers employment information and opportunities through job banks located at many locations throughout Cumberland County. Employment information is also available through the telephone Job line, on the employment update on CKDH Radio, twice a day.

Assistance is available through Training Opportunities as well as a number of re-employment programs and special projects. Applications for Social Insurance Numbers, Employment Insurance, Canada Pension, Canada Pension Disability, Old Age Security and Guaranteed Income Supplement are available at the Human Resource Centre in Amherst, as well as information and assistance regarding these programs.

Employers Services include information about the Employment Insurance program, and Job Creation programs, as well as free advertisement of their employment postings.

LABOUR STANDARDS DIVISION - NS Department of Environment and Labour
5151 Terminal Road, 7th Floor
P. O. Box 697
Halifax, NS B3J 2T8 1-888-315-0110
Fax 1-902-424-0648
E-mail ..... labrstd@gov.ns.ca

Service: Assists employers and employees in N.S. with questions relating to employment. Officers advise and instruct the public on the proper application of the Labour Standards Code and the Minimum Wage Order.

NOVA SCOTIA FEDERATION OF LABOUR - WOMEN'S COMMITTEE
c/o NS Federation of Labour
3700 Kempt Road, Suite 212
Halifax, NS B3K 4X8 1-902-454-6735

Service: The N.S. Federation of Labour Women's committee is a provincial body whose membership is appointed through the local unions of the provinces. Broad base of interest such as pay equity, child care, and working conditions.

TRANSITION TO WORK (CAPA)
25 Industrial Park Drive
Amherst NS B4H 1R6 667-3620
Fax 667-0317

Service: Serve all persons with disabilities who live in Cumberland County and who are looking for employment, training, or upgrading. A full range of employment counseling services are offered at no cost. Provide information and supports on disability resources to employers and community members.

FOOD BANKS

FOOD ASSISTANCE NETWORK
5 King Street
Amherst, NS B4H 1W7 661-0677

Open Monday, Wednesday and Friday afternoon from 1:30 pm - 4:00 pm

HOSPITALS - CUMBERLAND COUNTY

ALL SAINTS SPRINGHILL HOSPITAL
10 Princess Street
P.O. Box 700
Springhill, NS B0M 1X0 597-3773
Fax 597-3440

Service: All Saints is a 15 bed facility with 14 of these beds being designated for restorative care. This is care provided to clients to enable them to regain or sustain a maximum level of functioning. One of these beds is designated short stay assessment.

A twenty-four hour emergency service program is also offered. The hospital provides inpatient and outpatient physiotherapy, occupational therapy, x-ray and lab services. Also housed is the primary care demonstration project, assistance given from a qualified nurse practitioner and physician. Many community outreach programs are operated throughout the year from the Day Hospital, i.e. arthritis self management, foot clinics, re-motivation, chronic obstructive lung disease clinics, etc. An active outpatient department that provides specialty clinics and booked appointments. A Palliative Care Program is also operated out of this facility. The third floor of the hospital houses the Cobequid Drug Dependency Program. This is a regional drug and alcohol rehabilitation program which can be accessed by calling 597-8647

BAYVIEW MEMORIAL HEALTH CENTRE
Advocate Harbour, NS B0M 1A0 1-902-392-2859
Fax 1-902-392-2625

Service: Currently our facility has eight Level II beds, our remaining two acute care beds are interchangeable for Palliative, Restorative, Rehabilitation, and Respite/Holding Care. Holding beds are used for those people who require observation and stabilization before being sent to a larger facility, or sent home.

Blood is drawn 3 morning a week. Part time physiotherapy services, 3 weekly Occupational Therapy services, and monthly Foot, Diabetic, and Asthma Clinics. A dietician who comes from HVRH monthly and Wellness Clinics are held. Meals-on-Wheels are provided. Volunteers welcome.

HIGHLAND VIEW REGIONAL HOSPITAL
1100 East Pleasant Street
Amherst, NS B4H 1N6 667-3361
Fax 667-6306

Service: H.R.V.H. is a regional hospital, meaning it provides general acute care to residents from all of Cumberland County and south eastern New Brunswick. Has Cumberland County's only obstetrics department, offers general surgery, provides internal medicine services, offers mental health and psychiatric care, respiratory service. Offers on-site facilities for audiology and speech therapy clinics; public health; and home care assessment. Provides many specialty services such as ultrasound, breast examinations, x-rays, echo cardiology and ophthalmology. Provides care to acutely ill patients requiring intensive nursing and medical care. Coordinates a hospital/community-based palliative care program which offers physical and emotional support to terminally ill patients and their families. Runs ambulatory care programs aimed at preventing disease,

limiting the effects of illness and promoting healthy lifestyles. Offers many more services essential to the health of our communities.

Some other clinics and programs offered, include:
- Diabetes Education Centre
- Pre-Natal Clinics
- Pediatric Clinics
- ENT Clinics (ear, nose and throat)
- Nova Scotia Hearing and Speech Clinic
- Physiotherapy
- Orthopedic clinics

Regional education service that offers frequent community outreach programs, including - Breathe Easy (for suffers of Chronic lung disease); Heart to Heart (for people with heart conditions).

NORTH CUMBERLAND MEMORIAL HOSPITAL
P.O. Box 242
Pugwash, NS B0K 1L0 243-2521
Fax 243-2941

Services: Four physicians on staff providing 24 hr, 7 days/wk coverage, plus on-call service; 24 hr. Out-patience emergency service; lab X-Ray, Mon-Fri; 4 observation /assessment beds for up to 48 hours; palliative care for unspecified length of time as needed; occupational therapy 1 day a week; dietitian, monthly diabetic education clinic; VON foot care clinics; biweekly psychiatric consultation service; biweekly surgical consultant service; ophthalmology & optometry clinics; yearly Well Woman Clinic; Area Food Banks Storage; Home Care Office; Heart to Heart Education Program.

SOUTH CUMBERLAND COMMUNITY CARE CENTRE
Parrsboro, NS B0M 1S0 1-902-254-2540

Service: South Cumberland Community Care Centre is a 14 bed Level II facility converted from a hospital. The Center offers physiotherapy, occupational therapy, laboratory, radiology, dietitian, diabetic day clinic once a month, day care, foot care, social work, out patient and emergency services. We also have two beds for restorative and palliative care. We also offer space for Drug Dependency, Family and Children Services, Transition House, psychiatry.

LEGAL SERVICES

AMHERST JUSTICE CENTRE
16 Church Street, 3rd Floor
Amherst NS B4H 3A6 667-2256

Service: Provincial Court, Family Court, Supreme Court (all civil matters including divorce and divorce kits), Small Claims Court, Probate Court, Sheriffs Department, and Prothonotarys Office

CROWN ATTORNEY
32 Church Street
Amherst NS B4H 3A8 667-4890

ELIZABETH FRY SOCIETY
2786 Agricola Street, Suite 217
Halifax, NS B3K 4E1 1-902-454-5041
Toll Free 1-877-619-1354
Fax 1-902-455-5913

Service: The Elizabeth Fry Society is a member of the national organization, the Canadian Association of Elizabeth Fry Societies. We work with & on behalf of women in conflict with the law, women at risk, and women in the community.
Hours: Monday to Friday from 8:30 am to 4:30 pm.

LEAF (Women's Legal Education and Action Fund)
415 Yonge Street, Suite 1800
Toronto, On M5B 2E7 1-416-595-7170
Toll Free 1-888-824-5323
Fax 1-416-595-7191

Service: LEAF is a national organization which promotes equality for women, primarily using the sex equality provisions of the Canadian Charter of Rights and Freedoms. LEAF has a two fold mandate: to argue test cases before Canadian Courts, human rights commissions and government agencies on behalf of women, and to provide public education on the issue of sex equality. Intervene on behalf of women's interests.

LEGAL AID, NOVA SCOTIA
55 Church Street
P.O. Box 262
Amherst, NS B4H 3Z2 667-7544

Service: Provides free legal advice to eligible persons. Appointments required. Monday to Friday from 9:00 am to 4:00 pm. Deals mainly with family and criminal matters, as well as services to inmates.

NOVA SCOTIA ASSOCIATION OF WOMEN AND THE LAW
P.O. Box 34040
Halifax, NS B3H 3S1
National Association of Women and the Law
Internet Address ..... www.nawl.ca

Service: The Nova Scotia Association of Women and the Law is a regional caucus of the National Association of Women and the Law. The aims of the association are to improve the legal and social status of women through research, advocacy, and public education. Membership is open to women who share the aims of the association.

THE LEGAL INFORMATION SOCIETY OF NS
5523 B Young Street
Halifax, NS B3K 1Z7
Phone 1-902-454-2198
Toll Line 1-800-665-9779
Info Line 1-902-455-3135

Service: Callers can request legal information or lawyer referrals. This is not Legal Aid. Provincial Court, Family Court, Supreme Court (all civil matters including divorce and divorce kits), Small Claims Court, Probate Court, Sheriffs Department, and Prothonotarys Office.
- Lawyer Referral Service
- Legal Information Line
- Offers free legal publications and tapes

PROBATION SERVICES
30 Church Street
Amherst NS B4H 3A8 667-7278

R.C.M.P. DETACHMENTS:
Amherst 667-3859
Parrsboro 1-902-254-2424
Pugwash 243-2181
Oxford 447-2525

TOWN POLICE STATIONS:
Amherst 667-8600
Springhill 597-3779

LIBRARIES

CUMBERLAND REGIONAL LIBRARY
P.O. Box 220
Amherst, NS B4H 3Z2 667-2135
Internet Address:
www.rs6000.nfhpl.library.ns.ca/regionals/cur/

Branches:
Advocate 1-902-392-2214
Oxford, Water Street 447-2440
Parrsboro, Queen Street 1-902-254-2046
Pugwash, Old CNR Station 243-3331
River Hebert, Main Street 251-2324
Springhill, 75 Main Street 597-2211

MEDICAL AND HEALTH SERVICES

ABORTION INFORMATION AND REFERRAL SERVICE (AIRS)
P.O. Box 101, Station "M"
Halifax, NS B3J 2L4 1-902-422-4123

CANADIAN ABORTION RIGHTS ACTION LEAGUE (CARAL/HALIFAX)
P.O. Box 101, Station "M"
Halifax, NS B3J 2L4 1-902-422-4123

Service: CARAL is a national pro-choice organization whose aim is to ensure all women in Canada have access to safe, legal, medically insured abortions.

NORTHERN REGIONAL HEALTH BOARD
201 Willow Street
3rd Floor Annex Building
Truro, NS B2N 4Z9 1-902-893-5820

PUBLIC HEALTH SERVICES, NORTHERN REGION
18 South Albion Street
Amherst, NS B4H 2W3 667-3319
Toll Free 1-800-767-3319
Fax 667-2273

Service: The emphasis of Public Health Services, Northern Health Region is on the community and how to best meet its health needs. Within each health region a

qualified team of health professionals is available to provide health expertise and to deliver community health programs and services. Together these professionals provide the following preventive health services within your community: Public Health Nursing, Nutrition, Health Education, Dental Services, Communicable Disease Control and Health Promotion.

PHARMACIES

AMHERST

Atlantic Superstore Pharmacy 661-0380
Lawton's Drug Mart 667-8631
Pugsley's Pharmacy 667-3873
Shopper's Drug Mart 677-5861
Shopper's Drug Mart Pharmacy 667-0666
Sobeys Pharmacy 667-3099
Zeller's Pharmacy 667-7442

OXFORD

Henley's Pharmacy 447-2000

PARRSBORO

Wright's Pharmacy 1-902-254-2342

PUGWASH

R. W. O'Brien's Pharmacy 243-2551

RIVER HEBERT

River Hebert Pharmacy 251-2777

SPRINGHILL

Ross Anderson Pharmacy 597-8626
Wardropes Pharmacy 597-3610

MUNICIPALITIES

AMHERST, TOWN OF
P.O. Box 516
Amherst, NS B4H 4A1 667-3352
Internet Address ..... http://fox.nstn.ca/amherst/

OXFORD, TOWN OF
P.O. Box 338
Oxford, NS B0M 1P0 447-2170

PARRSBORO, TOWN OF
P.O. Box 400
Parrsboro, NS B0M 1S0 1-902-254-2036

SPRINGHILL, TOWN OF
P.O. Box 1000
Springhill, NS B0M 1X0 597-3751

MUNICIPALITY OF THE COUNTY OF CUMBERLAND
P.O. Box 428
Amherst, NS B4H 3Z5 667-2313

SUPPORT/ HEALTH GROUPS

AIDS NOVA SCOTIA
5675 Spring Garden Road, Suite 305
Halifax, NS B3J 1H1 1-902-425-4882

ALLERGY INFORMATION CENTRE
20 South Road
Doaktown, NB E0C 1G0 1-506-365-4501

Service: The Allergy/Asthma Information Association is a national organization dedicated to helping allergic individuals and their families cope with everything from the sniffles and sneezes of hay fever to life-threatening food allergies and asthma.

ALZHEIMER SOCIETY OF NOVA SCOTIA
5954 Spring Garden Road
Halifax, NS B3H 1Y7 1-902-422-7961
Fax 1-902-422-7971

Service: The objectives of the Alzheimer Society involve providing support to people with Alzheimer's Disease, their families and/or care givers; representing these individuals before all levels of government; promoting awareness of the disease among those in the professional community and the general public and supporting and promoting research. Services are free of charge.

Alzheimer Support - Amherst 661-1220
Alzheimer Support - Parrsboro 1-902-254-2540

Service: Provide help to people facing the challenges brought by Alzheimer Disease. By sharing information and common problems in the confidential and informal atmosphere of support meetings, families and care givers realize they are not alone.

ARTHRITIS SOCIETY, THE CUMBERLAND COUNTY BRANCH
Amherst 667-9748
Toll Free 1-800-565-2873

Service: The Cumberland County Branch of the Arthritis Society is dedicated to improving the quality of life for the many people with arthritis. Locally we have 3 public information sessions per year, (October, February, & April), The Arthritis Self Management Program and other educational materials.

ATTENTION DEFICIT ASSOCIATION OF NS
Bedford Place Mall
1658 Bedford Highway

Bedford NS B4A 2X9 1-902-835-2343
Internet Address ..... http://www.dbis.ns.ca/ada

Service: To provide information and support to families dealing with Attention Deficit. Meetings, in services, guest speakers. Provides videos and books.

BEREAVEMENT - SUPPORT GROUP
Contact 667-8483

Service: Bereavement Support Group meets every month on the second and forth Monday at 7:30 pm in the First Baptist Church, Amherst (back entrance). Meetings are held from September to June.

CANCER SOCIETY, CANADIAN
Cancer Research, Patient Services and Education.
Amherst Unit 667-0022

Service: Patient Services provides financial and emotional support to Cumberland County cancer patients. They can help with any questions you may have concerning a friend or family member. Confidential inquiries can be made.

CUMBERLAND COUNTY FAMILY SUPPORT CENTRE
12 La Planche Street,
P.O. Box 1149
Amherst, NS B4H 4L2 667-7250

Service: (STEP and STEP-TEEN). This is a Parent education Program which offers a realistic approach to meeting the challenges of raising children today. It helps them to learn effective and enjoyable ways to relate to their children and helps toward realizing their goals. Call to register.

CUMBERLAND PRE-NATAL NUTRITION PROGRAM
Oxford NS 447-2728

INFORM AIDS 1-800-566-2437
Hours: Monday to Friday from 9:00 am - 5:00 pm

Service: Staffed by volunteers, offers telephone or in-person counseling, support, or referral to women with AIDS. Provincial wide women's aids project.

KIDNEY FOUNDATION OF CANADA
Amherst Chapter 667-3923

Service: The Kidney Foundation of Canada is a National voluntary health organization dedicated to the eradication of kidney diseases and related disorders. The Foundation provides emotional, educational and material support for patients, their families, and friends; supports patients rights to high quality care and treatment; provides information on prevention, diagnosis and treatment of kidney diseases and related disorders to the public-at-risk; supports excellence in research and plays a leadership role in the promotion of organ donation.

LUNG ASSOCIATION, NS
17 Alma Crescent
Halifax, NS B3H 3E6 ..... 1-800-465-LUNG (5864)
Cumberland Branch 1-800-465-LUNG (5864)

Service: The Lung Association of Nova Scotia is a volunteer driven charitable health organization striving to improve quality of life by controlling and preventing lung disease through research, advocacy, patient services and education.

MIDWIFERY COALITION OF NOVA SCOTIA
P.O. Box 33028
Halifax, NS B3L 4T6
Contact (Answering Machine) 1-902-479-0855

Service: Society of consumers and health care professionals who are working to establish midwifery as a self-regulating profession. Their aims include education of the public, promotion of and participation in development of midwifery legislation, support of the professional body of midwives, and liaison with other midwifery organizations.

MIDWIVES, ASSOCIATION OF NOVA SCOTIA
P.O. Box 968
Wolfville, NS B0P 1X0 1-902-434-9882

Service: Midwives provide total care during the childbearing year. Midwives have traditionally provided continuous physical and emotional support in a variety of settings including hospitals, birthing centres and clients homes. Following the progress of mother and baby in the period following birth is fundamental to midwifery care.

MORGENTALER CLINIC, HALIFAX
5730 McCully Street
Halifax, NS B3K 1R3 1-902-455-9865

Hours: Monday to Thursday from 9:00 am - 4:00 pm, with an after-hours answering machine.

Service: Provides abortion services in a supportive environment. Contraceptive counseling by appointment. Information and referral on all options related to an unwanted pregnancy. Fees vary. No age limitation, and parental consent not required.

M.S.I., NS
Nova Scotia Medical Services Insurance
P.O. Box 500
Halifax, NS B3J 2S1 1-902-468-9700
Toll Free 1-800-563-8880

MUSCULAR DYSTROPHY ASSOCIATION OF CANADA, THE (MDAC)
1888 Brunswick Street, Suite 804
Halifax, NS B3J 3J8 1-902-429-6322
Toll Free 1-800-884-6322
Fax 1-902-425-4226

Service: The Muscular Dystrophy Association of Canada provides support services that assist individuals and families affected with neuromuscular disorders; funds research that will ultimately result in discovering the causes, treatments, and cures for muscular dystrophy and other neuromuscular disorders; and provide information to clients, families, health care professionals, and the general public as to the nature and management of neuromuscular disorders.

MULTIPLE SCLEROSIS SOCIETY OF CANADA
Cumberland Branch 667-7177
Dartmouth Office 1-800-268-7582

Service: Provides a self-help support group for anyone with M.S. Contact the Cumberland branch for support or information on meetings.

NARCOTICS ANONYMOUS AND NAR-ANON GROUPS:
Amherst 667-2628

Service: These groups provide support to individuals and their families who are struggling with a drug addiction. New Outlook Group meets on Thursdays at 6:30 pm at

the Nativity Church Hall on Cornwall Street in Amherst.

NA SATORY GROUP
Amherst 667-2628

Service: A study and speaker group which meets on Saturday evenings at 8:00 pm at the All Saints Day Hospital in Springhill.

NORTH AMERICA MISSING CHILDREN ASSOCIATION INC. (NAMCA INC.)
Suite 205, Cambridge 2,
202 Brownlow Ave.,
Dartmouth, NS B3B 1T5 1-902-468-2524
Toll Free 1-800-260-0753
Fax 1-902-468-2803
Internet Address ..... http://www.namca.com
Internet e-mail ..... namca@ra.isisnet.com

Service: Our Objectives: To aid in the location of missing persons, and notification of local policing agencies, and to assist where possible. To help educate the public in all matters pertaining to missing persons. To help provide volunteers to help in a neighborhood search for an abducted, lost or missing person. To obtain, publicize and spread information to the community at large concerning person or persons who have gone missing. To give information, assistance and provide counseling referral services to the relatives, friends and other persons affected by the loss of a missing person. To raise funds to support the purpose of the centre.

OSTEOPOROSIS SOCIETY OF CANADA
33 Laird Drive
Toronto, On M4G 9Z9
Osteoporosis & Menopause Information Line .....
..... 1-800-463-6842
Service: This information line is part of Changes: Choices

and Challenges, and educational program of the Osteoporosis Society of Canada.

PARENT FINDERS
P.O. Box 23148
Dartmouth, NS B3A 4S9 1-902-864-6654

Service: Non-profit volunteer base, support group for all members of the adoptive community who wish to make contact with members of their birth families. Provides advice to the searcher on how to make contact and what to expect from a reunion. The organization will provide resource people to speak to interested community groups. Monthly meetings are held the second Sunday of each month, at the I.W.K. Hospital auditorium at 1:30.

PARKINSON FOUNDATION OF CANADA, NS DIVISION
2786 Agricola Street, Room 214
Halifax, NS B3K 4E1 1-800-663-2468
Halifax Area 1-902-454-2468
Cumberland Contact 597-3824

Service: The Foundation helps persons and families cope with the effects of Parkinson and raises funds for Parkinson research.

PUGWASH & AREA COMMUNITY HEALTH, THE
c/o North Cumberland Memorial Hospital
P.O. Box 242
Pugwash, NS B0K 1L0 243-2521

Service: A community , based group of citizens concerned with Primary Health Care, and issues related to health in Pugwash and surrounding areas of Wallace, Malagash, Wentworth, Westchester, Oxford, Northport & Linden.

RAY OF HOPE: Springhill Chapter
P.O. Box 846
Springhill, NS B0M 1X0 597-2050
2nd Contact 597-3611

Service: This is a self-help organization to help the bereaved cope with feelings of loss or grief after the suicide of a loved one. This group believes that by turning the grief experience into a growth process, individuals can find meaning and a sense of hope. The Ray of Hope group meets at the Springhill Fire Hall every second Thursday from 7:00 pm to 8 pm.

SELF HELP CONNECTION
63 King Street
Dartmouth, NS B2Y 2R7 1-902-466-2011
Hours: Monday to Friday from 8:30 am to 4:30 pm

Service: A program for self-help resource development. Concerned with assisting individuals to define and meet their health needs in a supportive environment. Publishes a self-help manual, directory and a quarterly news letter available by request.

SERVICES FOR SEXUAL ASSAULT SURVIVORS
Avalon Centre
5516 Spring Garden Road, Suite 304
Halifax, NS B3J 1G6 1-902-422-4240
Crisis Line (4:30 pm to 8:00 am) 1-902-425-0122

Service: Provides short term crisis intervention through peer support. Offers crisis intervention services on a 16-hour basis; intervention for female victims of sexual assault; emotional support and options for help; support for victim's friends/relatives; consultation to community services; public information and education; victim self-help groups; and groups for parents of sexually abused children. Serves individuals age 16 and older.

SEXUAL ABUSE SURVIVORS
Department of Mental Health - Highland View Regional Hospital
110 East Pleasant Street,
Amherst, NS B4H 1N6 667-3879
Referral through family Doctor

Service: To raise self-esteem, cope with past abuse, and assist members to deal effectively with their lives now.

SPINA BIFIDA ASSOCIATION OF NOVA SCOTIA (SBANS)
P.O. Box 341
Kentville, NS B4N 3X1 1-800-304-0450
Fax 1-902-679-1433

Service: SBANS is a non-profit charitable organization affiliated with the Spina Bifida Association of Canada. The primary purpose of SBANS is to enhance the quality of life for all individuals born with spina bifida and/or hydrocephalus and for their families. SBANS is dependent on charitable donations and raises funds for education material for its members and other interested persons; research; special needs equipment; scholarships; and financial assistance for families in need. We are helping people with spina bifida to cope with their handicap, achieve independence and integrate into the social mainstream.

THRIFTY-SIX
RR 2
Malagash, NS B0K 1E0 1-902-257-2974

Service: Provides information sessions on house hold hints including meal preparation to help families run their homes more economically. They are branching off into the Thrifty-Six-Outreach Project for the unemployed, low incomes, or single parents. Mom or Dad welcome. Cook

books are available. Volunteers are needed to assist with the program and for baby sitting during sessions.

WELL WOMAN CLINICS

All Saints Springhill Hospital
Springhill, NS 597-3773
Yearly in the fall.

Service: Provides pap test, breast examination, blood pressure/weight and hearing testing. Counseling on: Sexuality and you, Arthritis, P.M.S./menopause, nutrition, alcohol and drug abuse, diabetes.

Free literature on: nutrition, cancer, arthritis, breast self-exam.

North Cumberland Memorial Hospital
Pugwash, Nova Scotia 243-2521
Fax 243-2941
Yearly in June.

Service: Pap smears, breast examinations, urinalysis, hemoglobin, blood pressure checks, height and weight, Dietitian on site. There are many information displays, sponsored by N.C.M.H. Auxiliary.

SPECIAL INTEREST

ABORTION INFORMATION AND REFERRAL SERVICE(AIRS)
P.O. Box 101, Station "M"
Halifax, NS B3J 2L4 1-902-422-4123

CAMP TIDNISH
Abilities Foundation of NS
3670 Kempt Road
Halifax, NS B3K 4X8 1-902-429-3420

Service: Owned and maintained by the Amherst Rotary Club and administered by the Abilities Foundation of NS. Provides a camping experience for people with disabilities who are unable to attend a regular summer camp. A registered nurse is in full-time attendance. Cost: There is a camp fee and transportation costs but no person is refused because of an inability to pay.

CANADIAN ASSOCIATION FOR COMMUNITY LIVING
(Bridge Work Shop)
10 Croft Street
Amherst, NS B4H 2Z4 667-8433

Service: A voluntary non-profit organization devoted to improving the lives of individuals who are challenged by a mental handicap. Provides the following programs: Bridge Workshop; Pre-Vocational/Vocational; Group Home for eight adults, supervised apartment, summer recreation program for youth 13-20 years old, winter recreation program for adults, Special Olympics and Small Options.

CANADIAN PENSIONERS CONCERNED INC.
Suite 325, Bayers Road Shopping Centre
7071 Bayers Road
Halifax, NS B3L 2C2 1-902-455-7684

Service: Canadian Pensioners Concerned is a social action group for men and women of all ages. The primary concern had been the economic status of women before and after retirement.

CULTURAL FEDERATIONS OF NOVA SCOTIA
1809 Barrington Street, Suite 901
Halifax, NS B3J 3K8 1-902-425-6373

Service: The Cultural Federations of Nova Scotia is an alliance of eight cultural organizations which has as

objectives: 1) to promote the growth and quality of arts and culture, 2) to increase general cultural awareness in Nova Scotia and 3) to speak with a unified voice on behalf of its members. The member organizations all have their headquarters in the central office where a diversity of information on arts and culture is available. Members are: Visual Arts Nova Scotia, N.S. Designer Crafts Council, N.S. Drama League, Writers Federation of N.S., N.S. Choral Federation, Dance Association of Nova Scotia, Multi-cultural Association of N.S. and Federation of Nova Scotian Heritage.

CUMBERLAND AFRICAN NOVA SCOTIAN ASSOCIATION (CANSA)
35 Church Street
Amherst NS B4H 4A1 667-1568
Fax 667-2270

Service: To enhance capacity building, improve and enhance cultural identity and to promote business and community development.

DISABLED, CUMBERLAND EQUAL RIGHTS FOR THE
P.O. Box 576
Amherst, NS B4H 4B8 667-1237
or 667-8721

Service: Affiliated with the NS League for Equal Opportunity, this is a cross-disability consumer and public education organization whose members include those with all types of disabilities: mobility, sensory and invisible disabilities (e.g., diabetes, emphysema, arthritis, epilepsy, etc.). This is an umbrella organization through which the disabled voice their concerns at the municipal and provincial level.

HOME OF THE GUARDIAN ANGEL
6345 Coburg Road 1-902-422-7964
Halifax, NS B3H 2A4 1-902-422-7548
Fax 1-902-492-4547
Hours: Monday to Thursday from 9:00 am to 4:00 pm

Service: Provides an adoption agency, counseling and a Single Parent Centre. The services include counseling by social workers, adoptive services, post-placement services for birth parents, adoptive parents and adopted individuals and post-abortion counseling for women and their partners.

INTERNATIONAL WOMEN'S DAY COMMITTEE
c/o Autumn House
P. 0. Box 1141
Amherst, NS B4H 4L2 667-1344

Service: A volunteer committee of women from the area who plan events to mark March 8th, International Women's Day.

MAGGIE'S PLACE - A Resource Centre for Families
12 LaPlanche Street, P.O. Box 1149
Amherst, NS B4H 4L2 667-7250

Service: Provides a parenting program Nobody's Perfect ages from 0-6. Offers a low cost nutritional cooking program Basic Shelf. Child care is free for both programs. Offers a toy lending library. Special event programs are conducted throughout the year.

MORGENTALER CLINIC
5730 McCully Street
Halifax, NS B3K 1R3 1-902-455-9865
Hours: 9:00 am - 5:00 p.m, Monday - Friday, with after-hours answering machine.

Service: Provides abortion services in a supportive

environment. Contraceptive counseling by appointment. Information and referral on all options related to an unwanted pregnancy. Fees vary. No age limitation, and parental consent not required.

NDP WOMEN'S RIGHTS COMMITTEE
1657 Barrington Street, Suite 3533
Halifax, NS B3J 2A1 1-902-424-4134
or 1-902-423-9217

Service: A committee that addresses the concerns of women on a province wide basis. Lobbies on their behalf with both provincial and federal government agencies. Meets three times a year.

NOVA SCOTIA NATIVE WOMEN'S ASSOCIATION
P.O. Box 805
Truro, NS B2N 5E8 1-902-893-7402

Service: The Nova Scotia Native Women's Association is a political organization representing Micmac women in Nova Scotia in social, cultural, and economic areas. They stimulate and foster Micmac culture in areas of arts and crafts, folklore, cultural tradition and all other aspects of Micmac heritage.

NOVA SCOTIA WOMEN'S LIBERAL COMMISSION
P.O. Box 723
Halifax, NS B3J 2T3 1-902-429-1993

Service: The N.S. Women's Liberal Commission has 11 regional representatives constituting the caucus. Represents the 11 federal ridings of our region. Also represents the Nova Scotia women federally.

PARENTS, FAMILY AND FRIENDS OF LESBIANS & GAYS
Local Contact: Syd Russell 667-9091

PROGRESSIVE CONSERVATIVE WOMEN'S ASSOCIATION OF NOVA SCOTIA
1660 Hollis Street, Suite 801
Centennial Building
Halifax, NS B3J 1V8 1-902-429-9470

Service: Promotes the Progressive Conservative Party and the education and equality of women. Educates women in the election process. Helps women take a more active role in the national, provincial and communities where they live.

WOMEN, THE NOVA SCOTIA ADVISORY COUNCIL ON THE STATUS OF
Nova Scotia Advisory Council on the Status of Women
P.O. Box 546
Amherst, NS B4H 4A1 667-8948
Halifax Office 1-800-565-8662

Service: In carrying out its duties, the Council receives submissions and suggestions from individuals and groups regarding women's issues, undertakes research, participates in programs concerning women's issues, assists women and women's organizations in gaining access to government and other institutions by providing information and referrals where appropriate, and publishes reports, studies and recommendations.

The fieldworker assists women or groups with needs or concerns, provides programming and acts as a resource person to assist in the promotion of the equality of women.

WOMEN'S PROGRAM - STATUS OF WOMEN - CANADA
6080 Young Street, Suite 212
Halifax, NS B3K 5L2 1-902-426-1795

Service: Provides financial assistance to women's and other voluntary organizations working to improve the economic, social and legal situation of women. Funding is provided for activities which address the women's program objectives and are within the funding areas of economic equality, social justice and access/participation.

ZONTA CLUB OF AMHERST AREA

Amherst 661-1377

Group Meets the 3rd Wednesday of the month

Service: Zonta International, is a worldwide service organization of executives in business & the professions working together to advance the status of women. Founded in 1919, Zonta currently has approximately 33,000 members in over 1,200 clubs in 70 countries.

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The gathering of information of this sort is never complete, and we rely on community agencies and organizations to assist us with up-to-date information on their services. Please send your up-date to the following address so it can be included in our next printing:

The Cumberland Women's Resource Directory
P.O. Box 546
Amherst, N.S. B4H 4A1
Fax: 667-2270

The information contained in this booklet is as accurate and up-to-date as possible. Please send any corrections, admissions or deletions to the address above.

We hope you find this directory useful. Share it with a friend!

OUR INTERNET ADDRESS IS:

http://www.gov.ns.ca/staw/cumberlandwomensresource.html